

# School Life

MARCH 2016

IN THE TROY SCHOOL DISTRICT



# \$84,104.21!

## A Record Charity Week

It's March, two weeks later, and Athens is back to routine. But all of us are still grinning and shaking our heads as if everyone had the same dream.

Did it really happen?

Did Athens really raise \$84,104.21 in one week for a charity?

Did this school that was hovering around \$30,000 four years ago actually blow by last year's school record \$57,000-plus as fast and far as humanely possible?

"Can you put it into a few words," we asked the delirious Red Hawk students on the raucous school gym floor in the aftermath of Friday, February 12th's big reveal, "what it feels like to raise \$84,000-plus for charity...in essentially four and a half days?"

"Ridiculous," said senior Chris Mishreky.

Pretty good word. And the best part is Athens gets to keep that feeling from now until next February, when next year's Class will be on the clock.

"Can you beat \$84,000 and crack \$100,000?" junior Camille Bedford was asked.

"Hopefully," she said. "Maybe."

Who could blame her reservation after the 1,500+ student body just tore through every fundraising record for Charity Week to help families in Haiti rebuild their lives with learning centers and housing.

David Palmer, founder of the Joan Rose Foundation and recipient of this year's huge haul, put the \$84,104.21 into perspective as music was blaring and students were hugging and high-fiving each other after the announcement.

"I opened the Foundation in 2010, and it took me three years to raise that money," said Palmer. "It's really something special, to have everyone just step up."

Step up and reach deep.

"No sleep, no money," said junior Maddie Glinski about Charity Week.

Charity Week "Game Night," "Jail-n-Bail," "Teacher Dance Battle," "Mr. Athens," and other school events and activities turned Athens into a fundraising super engine for five days. Student government organized and executed the week like a well-oiled Red Hawk machine.

"Charity Week" continued on page 13

Charity Week brings out the best in Students and Staff at Athens. Photos: Ed Morykwas, School Life

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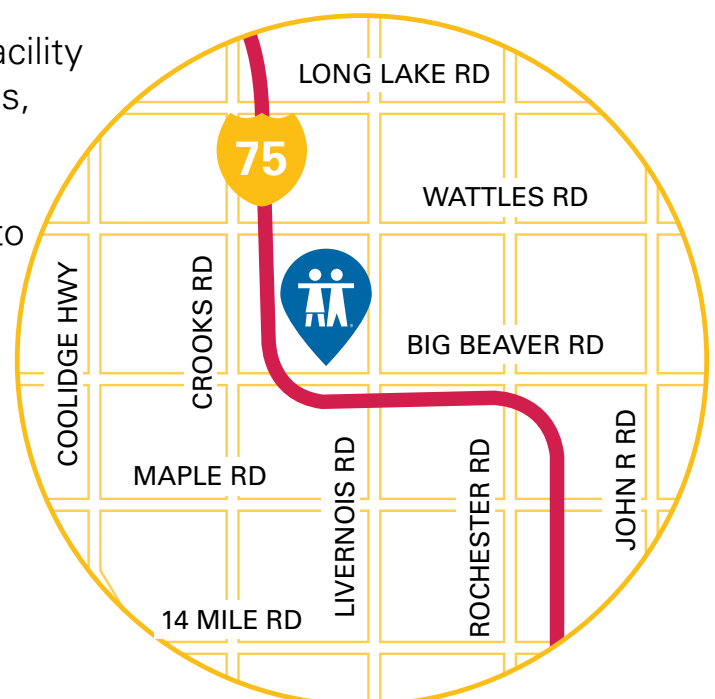
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# Congratulations to Troy's Teachers of the Year!

## Surprise Announcements for Elementary, Middle and High School



Adam Burns, Athens



Jason Cichowicz, Schroeder  
Photos: Ed Morykwas, School Life



Laura Kemp, Baker

Three outstanding Troy School District teachers were surprised in their classrooms on Feb. 11 with the news that they had been selected as Teachers of the Year.

**Adam Burns**, Television Production, 11th grade AP English and Innovations teacher at Athens High School was named the High School Teacher of the Year. Mr. Burns was nominated by a former student, who credits him with encouraging and nurturing her throughout her high school years—and with her decision to major in Broadcasting in college. Amy McDowall describes Mr. Burns as a “role model” to everyone he comes in contact with.

“I’m honored,” said a shocked Mr. Burns, surrounded by his family, parents, and students. “It means an awful lot, I really appreciate it.”

**Jason Cichowicz**, 5th Grade teacher at Schroeder Elementary was named Elementary Teacher of the Year. One parent called Mr. Cichowicz an “everyday hero,” who works constantly on behalf on his students, saying “I’ve never met a teacher that is more organized, proactive and tireless.”

“This means more to you than I can ever tell you,” Mr. Cicho-

wicz told parents and administrators standing in his classroom for the surprise announcement. Then he looked at his students and said, “You are the reason I have the best job in the world. Thank you for pushing yourself to be the best that you can be.”

**Laura Kemp**, 7th Grade Science Teacher at Baker Middle School was named Middle School AND Overall TSD Teacher of the Year. Mrs. Kemp was praised for her initiative to go above and beyond to “find great new experiences to help her students grow into confident contributors ready to take on the world.” She has been instrumental in bringing science to life—not only for her own students—but also across the district with several events that bring all middle school students together. Because she was also awarded the Overall Teacher of the Year, Mrs. Kemp also receives a vehicle lease, courtesy of the Suburban Collection. David Fischer from the Suburban Collection was on hand to present her with a car of her choice.

Mrs. Kemp’s family found out about the surprise a couple days before the announcement, but kept it a secret, telling her to expect visitors Feb. 11...from China.

“I practiced my Chinese,” said Mrs. Kemp. She smiled at her husband on hand for the surprise and said, “You all are good liars.” Then she thanked her staff. “It’s not just one person, it takes a village. It’s ONETroy that helps us do what we do.”

“These three exemplary teachers are phenomenal representatives of the Troy School District,” said Superintendent Richard Machesky, Ed. D. “It’s clear that they have a tremendous impact on our students, their colleagues and their community each and every day. Adam, Jason and Laura exhibit a passion for learning and student success that makes the Troy School District the great place it is to grown and learn.”

Parents, students and colleagues nominated thirty-nine other outstanding TSD teachers. Each of them was singled out for the dedication and commitment they show every day for their profession, and will be honored at a Board of Education meeting in April.

The three winning teachers will be sent to Oakland County for inclusion in the county-wide Teacher of the Year competition.

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## From the Superintendent

*Superintendent  
Dr. Richard Machesky*

In this—and many issues—of School Life Troy, we highlight several wonderful things our students and staff do to give back to others, but we know that none of this would be possible without the support of a very special group of people—our parents. There is no school district in the nation that enjoys more enthusiastic, passionate support than we do here in Troy, and we are grateful beyond measure for those parents and community members who are willing and able to lend their time and talents to our schools.

An outstanding group of parents and Troy residents just concluded a great deal of work on our new Facilities Study Report and will make a presentation to the Board of Education this month. Another very active and dedicated group of parents regularly organize and present “Tech Talks,” ongoing events that are both informative and timely. And of course, we can’t forget our PTO/PTA officers and volunteers as well as our Booster Club, who work tirelessly on behalf of students and our schools.

Now, though, I’d like to recognize one additional group of people and ask that you might consider becoming involved with—our Troy Foundation for Educational Excellence. The TFEE is made up of parents, staff and community members who get together for the sole purpose of raising money to award grants to our classroom teachers and student groups. The Foundation gives out over \$40,000 in funds for innovative projects that enrich our curriculum and provide opportunities for our students in every school in the TSD.

This month, the Troy Foundation is looking for some “Friends.” You can become a “Friend of TFEE” by simply volunteering at one fundraising event in a school year (the Annual Tony Spagnola Memorial Golf Outing is a fun way to get involved.) See the TFEE story in this issue or email kbirmingham@troy.k12.mi.us for more information. It’s a great way to help students and be active in the TSD.

I hope you enjoy this edition of School Life Troy—the best is yet to come!

Rich

Dr. Richard Machesky  
Superintendent  
Troy School District

## TSD enrollment projections favorable

Student enrollment is climbing in the Troy School District. The current 2015-2016 school year includes 12,710 students, up from 12,556 last year. The numbers have stayed relatively stable or increased every year since 2008, when enrollment was 12,182.

Future projections, based on past birth rates for the area, look favorable for the district, with a projection of 12,710 for the 2016-2017 school year, 12,709 for 2017-2018, 12,692 for 2018-2019, 12,721 for 2019-2020 and 12,764 for 2020-2021.

Stabilizing student enrollment over the past several years has been due, in part, to the District’s Schools of Choice program. Since 2005-2006, TSD has added a strategic number of students each year to fill existing spots in schools that have had less than full enrollment. Currently, nearly 1000 students are registered through schools of choice across the District in grades K-12. SOC students must enroll in Kindergarten or First Grade, but are welcome to stay until graduation if they do not break enrollment.

## TSD awards bids for roofing, IA East and Hamilton improvements

The Troy School District plans to repair or replace roofs at seven schools this summer, Bemis, Hill, Wass and Costello Elementary Schools and Troy, Athens and International Academy East High Schools. The school board approved funding for \$1,842,082, from the 2013 bond.

The board also voted to award bids for Hamilton Elementary School and International Academy bond projects, including mechanical, electrical and plumbing upgrades and classroom additions. Bids were awarded to several companies for demolition, construction, and mechanical and electrical work in the amount of \$2,909,738.

## Be a FRIEND of the Troy Foundation for Educational Excellence!

The Troy Foundation for Educational Excellence is seeking “Friends.” It’s an easy and fun way to get involved and make a difference in the lives of thousands of students in the Troy School District. All you have to do is volunteer at ONE official TFEE fundraising event each

year and you will be listed as a “Friend of TFEE” on the foundation’s official website.

This is a great way for parents, staff and community members to get involved with TFEE, when they might not have the time to make the commitment to be a full trustee.

Maybe you could help out at the annual golf outing—or at a charity poker night. Or maybe you have a great idea for TFEE to raise funds! All voices are welcome.

Remember, every dime raised by the Troy Foundation goes into grants that benefit every

school in the Troy School District. Because of TFEE, our teachers can create innovative learning experiences, our students can develop interests in robotics, problem solving, art and music and our schools can provide enriching projects that extend the curriculum and bring learning to life!

Be a “Friend of TFEE”—to get started, please email Al Robinson at arob@waymakersolutions.com or Kerry Birmingham at kbirmingham@troy.k12.mi.us

## Model behavior at any age



Larson students like Zain Azeez look forward to cashing in their positive behavior at ‘Lining Land.’



Wass Elementary students form ‘Wolf Packs.’ Photos: Ed Morykwas, School Life.

Many Troy schools teach kids to be kind, respectful and well behaved. Such is the case at Wass Elementary and Larson Middle.

At Larson, teacher Nancy Lining encourages positive behavior through a reward system, called “Lining Land.” Students earn (play) dollars in their account for doing their work, helping out in class, anything good. Conversely, they can have dollars deducted from their account if they didn’t do their homework or acted up. At the end of the quarter, they can spend their money on the school supplies, snacks, and t-shirts.

“It creates a positive atmosphere in the classroom,” said Gloria Fratila. “When Mrs.

Lining tells us to be quiet or when we think she might give out positive dollars, we all quiet down. So, I think it’s a good thing.”

Mixing it up is how Wass Elementary encourages a strong sense of community and positive behavior in their school. Once a month, two students from each grade form groups called “Wolf Packs.” They work on team building, anti-bullying, digital citizenship, and school subject goals. Students feel that they are part of something larger than their classroom group. Younger kids look up to the older kids, and the older kids fill leadership roles. Teachers get to know students throughout the school.

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## School Life

IN THE TROY SCHOOL DISTRICT

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The deadline for ad submissions is the 15th of each month for information to be included in the following month’s publication

**School Life is published** the first of each month and is available FREE to parents, students, faculty, and the community in the Troy School District. A complimentary copy is sent home each month in the backpacks of students. Additional copies are available in school offices and various locations throughout the communities.

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by Karl Schmidt  
Vice President,  
Troy School Board of  
Education

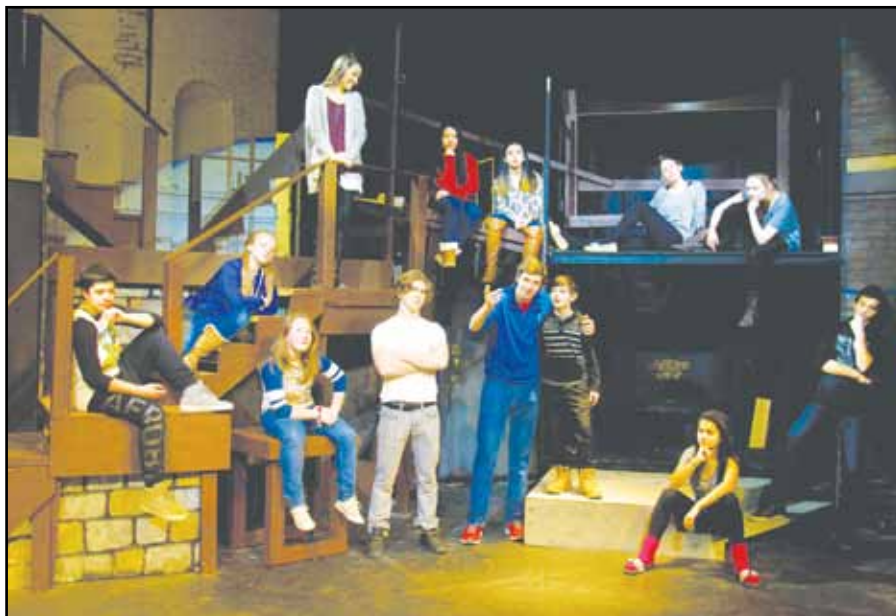
Every year the Troy School District works with a demographer—a professional that examines the demographics and family patterns in an area and makes projections of what the population there will look like in the future. In our case, we want to maintain a reasonable estimate of the number of students in the District—by grade level—for the next five years. This is an important practice because it provides critical input to District strategic planning. Knowing what our student population will be moving forward allows us to plan for that future so we continue to have high-quality educators in place when and where they are needed. It also gives us some important lead time to identify what buildings and infrastructure we need to have in place so we can optimize the use of what we have—or even add or reduce that infrastructure if needed. The results of our annual student projections were discussed in our February workshop and presented to the public in our February Board of Education meeting.

This year, we added an important second piece: a “facilities committee” of 16 volunteers from the Troy community. This hardworking team has

spent the last few months doing a detailed analysis of how we use every room of every building in the district, with an eye toward identifying emerging space challenges and opportunities for more efficiently using the space we already have. They have now coupled that information with our newest 5-year projections as well as District goals such as increasing preschool opportunities for at-risk children in the District and adding instructional space for a projected increase in kids with Autism Spectrum Disorder. The committee will present its findings and recommendations at our March Board workshop, and we will share that with you in a future column.

In the meantime, we wanted to share with you the 5-year enrollment projections for the District. Unlike the last few years, where we have seen slight increases in student counts (and therefore slight increases in total State funding based on a “per-pupil allowance”) in the District, the latest forecast calls for fairly flat student counts for us over the next five years. Assuming the State legislature continues to keep per-pupil allowances essentially flat without providing adequate adjustments for inflation, our strategic planning now has to assume our District revenues will probably be flat for the next five years as well. In plain terms, that means we will have to figure out how to do more with less, as our costs to operate will continue to climb simply from inflation. Hopefully our facilities committee will show us some ways to do exactly that.

## “Oliver!” is coming to Athens



The hit Broadway musical “Oliver!” is coming to Athens High School in March. Based on the Charles Dickens classic, it tells the story of an orphan boy trying to survive in 1837 London. He meets a variety of fascinating characters — some good, some bad, and some a mixture of both at the same time.

### Dates:

**Saturday, March 12, 8:01 p.m.**  
**Sunday, March 13, 2:01 p.m.**  
**Sunday, March 13, 7:01 p.m.**  
**Friday, March 18, 8:01 p.m.**  
**Saturday, March 19, 8:01 p.m.**

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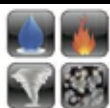


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# FROM THE HEART...

## Bemis feeds homeless for Valentine's Day



Photo: Ed Morykwas, School Life

Bemis students traded candy for care this Valentine's Day. They showed their love by making lunches for homeless people.

Their teacher, Kim Smiley, said it was entirely their choice: "I asked the class if they're open, if they want to do it — it's up to them because I wasn't going to decide what their party is going to be like — and they were very much in favor of doing it."

She heard about the idea on social media, under the hashtag #LUNCHBAG. "I just think it's a great way to give back to others," she said. Ms. Smiley delivered the lunches to a shelter in Royal Oak.

Parents volunteered to help with the project, setting up a "lunch assembly line" in one corner of the classroom. Students worked in teams to make sandwiches, which they put into individually decorated lunch bags. They also included treats and handwritten messages of encouragement and cheer.

## THS student raises money to keep families warm

Cold winter temperatures can create a hardship for families who struggle to pay their heating bills.

That's why a Troy High student decided to hold a speech competition to help those in need.

"We wanted something that everyone could benefit from," said Esha Ghosalkar.

Esha and a friend organized an impromptu speech competition, inviting students, young and older, to participate. Each student speaker donated \$15 to the cause, and received an appreciation trophy. The competition raised \$2,953.67 for THAW, the Heat and Warmth Fund for struggling families in Detroit and Pontiac.

"We had such a great turnout," said Esha. "It took so many months of planning, talking to sponsors, and going door to door. It was very tiring. It was all worth it. Giving back at that level is just amazing. I hope to do more projects like this in the future."



Esha Ghosalkar

## For Flint



Hamilton Elementary

The need for clean water in Flint is great. Hamilton Elementary School and Troy High School, shown here, responded by donating cases of water in February.

The project was personal for 5th grader Leland Huber.

"Actually, my grandma and grandpa are in Flint right now," he explained. "We will go there and bring some spring water. My cousins also live there too. This is just a great idea."



Troy High

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# SCHOOLS COME ALIVE WITH THE SOUND OF MUSIC

Photos: Ed Morykwas, School Life

One of the most festive times of the year in Troy School District is the winter season, and one of the favorite and longstanding traditions of the winter season is the presentation of the annual Troy High Orchestras Gala Concert, all-district Festival of Song, and 5th grade concerts.

These concerts serve not only as a platform for many student musicians to demonstrate their varied talents, but also as a meaningful way to bring the broader community together to celebrate the district's students, schools, and the community.

(Pictures 1-2) A packed auditorium witnessed first-hand the amazing talents of student musicians at Troy High's Orchestras Gala, performing under the direction of new Orchestra Director Bryan Kolk. The orchestras performed a variety of pieces. The Gala also featured award-winning fiddler Jeremy Kittel, and other national recognized guest musicians.

"It is such a joy to be able to not only put all our students' talents and efforts on the stage, but also to invite several nationally-renowned guests to join us," said Mr. Kolk.

Fox 2 reporter and Troy High graduate Roop Raj was the master of ceremonies. The Gala is the largest fundraiser of the year for the orchestras. The night ended with an afterglow in the cafeteria. For the photo gallery of the Gala, go to: [www.schoollifetroy.com](http://www.schoollifetroy.com).

(Pictures 3-4) Imagine a choral concert so large in size, it's spread over four days. That's the annual Festival of Song. Choirs from just about every school at every level in the district performed at Athens.

For more, go to: [www.schoollifetroy.com](http://www.schoollifetroy.com).

(Pictures 5-7) Athens also set the stage for first time concert performers. Almost 300 fifth graders from Costello, Hill, Troy Union, and Wass marched into the gym carrying their violins, drums, trumpets, and flutes for their first concert ever before proud parents and siblings. The performance showed how much the youngest musicians learned in only a few short months. For more on the impressive performance, go to: [www.schoollifetroy.com](http://www.schoollifetroy.com).

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# Second graders BUILD love of reading with Little Free Libraries



Second grade students at Troy Union Elementary School painted and put the finishing touches on Little Free Libraries they built to be placed around the city of Troy so that all may enjoy reading as much as they do. This project is just one of several service projects underway at Troy Union—after the students and staff committed to service projects at every grade level.

The “giving back” projects are part of the school’s Leader in Me program, which develops student leadership skills in a variety of ways. Second grade teacher Susan

Zemmer says parent volunteers helped to cut the wood and the students worked alongside them to assembly the libraries, “Troy Parks and Recreation Dept. will gladly install them in 3 Troy Parks this year. The Friends of the Troy Library have graciously volunteered to continuously stock the boxes. It is an amazingly collaborative project. Our kids are super excited that they will get to see their boxes out in Troy.”

The finished Little Libraries will be unveiled at a school-wide assembly on March 21st.



## Leonard teacher wins state award

Leonard Elementary reading specialist Natalie Haezebrouck recently was awarded the 2016 Michigan Reading Association Teacher Educator K-6 Award for her dedication to help students learn reading techniques. Photo: Ed Morykwas, School Life.

Natalie Haezebrouck’s success bringing students up to grade level in reading has the state’s attention.

The Leonard teacher has been selected for the 2016 Michigan Reading Association Award. Mrs. Haezebrouck is committed to fostering reading in students, but if there is one word that describes her it is humble- even after she was selected as one of the top educators in the state. She said without the support of her colleagues, students and parents she would have never received this prestigious award.

“I’m just so honored that my staff and a parent would choose to nominate me,” said Haezebrouck. “That was really the biggest honor. I feel so blessed that I was chosen from all the teachers in Michigan that were nominated. I’m excited, happy,


and thrilled for our entire Leonard community.”

The MRA educator awards are given to educators who demonstrate outstanding teaching and leadership in the field of reading. Haezebrouck has developed a model for teachers to teach students reading and how to become critical thinkers. The model is now being used district-wide.

Leonard Principal Erica Rolack and gym teacher and parent Jamie Grant nominated her for the award.

“Natalie has changed the climate for guided reading and the practice of teachers in our school and district for the better,” they said. “She has helped our staff, and others in Troy, develop into master teachers for our students.”

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## Boulan Park students learn math by moving in classroom



Boulan Park teacher Jennifer Smith is using movement and teamwork to teach math to her 8th graders. Photo: Ed Morykwas, School Life

Jennifer Smith's math students at Boulan Park don't have to worry about sitting still in class. That's because she encourages her 8th graders to solve problems by moving around in class.

"This is the Math 8 class," she said. "Students will be working with some old technology — whiteboards — and some new technology — iPads — with both happening at the same time."

Whiteboards are built into every wall all around Mrs. Smith's classroom and even mounted on the inside of each door. The teacher announces a math problem, and then the students hurry to their assigned spots to work on it. There's a lot of coop-

eration because teamwork is a big part of the learning process.

"Everyone finds different ways to get the solution," said student Jakiya Gordon. "We're smarter as a group."

Mrs. Smith likes when her students come up with different ways to solve a problem. This 'visible thinking' strategy is about developing thinking skills.

"I can stand in the middle of the room and see what everybody's thinking," she said. "I can go and work with students who need some extra assistance, and students also help each other at the boards. This is really an effective tool for us."

## Athens business students advance to state competition



Athens needed a semi-truck to haul all its medals from a recent business competition.

Red Hawks joined hundreds of other students from the area for the Business Professionals of America Regional Competition in January. Students demonstrate business management, marketing, and technology skills, network with others, and are honored for their hard work.

The Athens BPA team walked away with top finishes in 13 different categories, including 6 first place finishes. Congratulations to the following students, shown here, advancing to state competition March 17 in Grand Rapids: Hannah Ahluwalia (1st place, Administrative Support Concepts & Basic Office Systems & Procedures, 3rd place, Fundamental Word Processing), Maariya Siddiqui (1st place, Advanced Office Systems & Procedures), Neeraj Patel (2nd place, Basic Office Systems &

Procedures), Christina Labadie (3rd place, Economic Research Individual), Hope Ma and Chris Mishreky (1st place, Economic Research Team), Shukri Khader (2nd place, Extemporaneous Speech), Christina Bouey, Elise Leverenz, Ryan Williams, Haley Smedstad (1st place, Financial Analyst Team), Christine Labadie (3rd place, Personal Financial Management Concepts), Elise Leverenz (1st place, Prepared Speech), Daryn Deas (3rd place, Presentation Management Individual), Anthony Lekocaj, Brad Vandekerkhove, Sebastian Moldovan, Brendan Genereau (2nd place, Small Business Management Team), and Daryn Deas, Aubreigh Wachowski, and Lauren Toma (2nd place, Video Production Team).

Top students at the state conference will advance to the National Leadership Conference in Boston in May.

Congratulations Athens!

# City of Troy MARCH EVENTS

**Troy Family Aquatic Center passes available for purchase starting March 1st at the Troy Community Center.**  
Also time to start booking groups, birthday parties, and your shade rentals at the Aquatic Center!

**Check out all the great options for Summer Camps through the City of Troy in the Spring Troy Today at [troymi.gov/Resources/TroyToday](http://troymi.gov/Resources/TroyToday)**

Your children will enjoy a variety of camps including day camps, science camps, sports camps, enrichment camps and preschool camps.

**Don't delay, receive \$10 off each camp registration fee prior to May 26.**


The Bedtime Math's Crazy 8s Club continues in March at the Troy Library. Sessions for K-5th graders. Visit [troypl.org](http://troypl.org) for all the cool youth and teen programs at the Troy Library!







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# Three nights of Shakespeare’s “Twelfth Night” at I.A. East



The cast of “Twelfth Night” at I.A. East.

Twelfth Night is a play written by the William Shakespeare in 1601. Taken place in Illyria, it centers on Viola (played by Sophie Hill.) Viola is a woman who winds up on an island after her ship is lost at sea. When she washes ashore, she believes that her twin brother, Sebastian (played by James Raudabaugh) has perished in the shipwreck. Viola is saved by a sea captain on shore and then disguises herself as a man named “Cesario.” She begins to work

for Orsino, Duke of Illyria. It only unfolded more complicated and crazy, with hilarious consequences.

I.A. East put on a wonderful production, under the direction of Marc Vickers. The students pulled off their roles, which is difficult because they spoke in Shakespearean language. It was also evident that they put a lot of time in this production, as they were easy to understand in their roles.

# Happy Eating Places: How Elementary Students run their own business



Photo: Ed Morykwas, School Life

How tough is it to work in a busy restaurant? Just ask the second graders at Schroeder Elementary School.

Hoping to give the kids some real life experience, their teachers turned their classrooms into restaurants for a day in February, and the kids scrambled to serve (shown here) customers, mostly parents and siblings.

“This was a total project with the kids,” said teacher Emily Freeman, who collaborated with teachers Mardi Bolden and Mandy Hazergain to come up with the idea. “They had to discuss what their budget was going to be. Their goal is to make

some kind of a profit, hopefully.”

The students came up with a menu, how much to charge, prepared food, waited on tables and counted out change at their restaurants.

Teachers say experience and the hands-on approach can be the best way to learn about running a business. Schroeder hopes to make the pop-up classroom restaurants an annual event.

Check out the photo gallery of students running their restaurants at: [www.school-lifetroy.com](http://www.school-lifetroy.com).

# Troy High gets its groove on at Pistons game



Photos: Ed Morykwas, School Life

The Detroit Pistons had a little extra pep before their game against the Toronto Raptors on Feb. 8, from a performance by the Troy High Drum Line and Color Guard. Shown here, the two groups high stepped on the shiny Palace court and performed before the game when the players warmed up.

After the announcer introduced them, all eyes turned to Troy High. The Palace rattled with the thunder of their drums and cymbals. Fans cheered when the musicians and guard popped up on the big screen.

“It was pretty cool,” said senior Marisa Balamucki. “It was really exciting!”



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### TROY SCHOOL DISTRICT

## MARCH EVENTS

- 1st** -Larson Talent Show Auditions, 2:45-3:45 p.m.  
-Smith, Author Kyle Prue Visits  
-Smith PTO Schoology/HAC Session, 7-8:30 p.m.  
-Troy High MS/Elementary Play Performance, 10:15-12:45  
-Martell Family Night, 6:30-8 p.m.  
-Wass Early Bird Trot, 8-8:30 a.m.  
-Wass 5th and 2nd Grade go to Shrek the Musical, 9:30 a.m.-1 p.m.  
-Wass Parent Son Bowling Party, 6-8:30 p.m.  
-Wass March is Reading Month School Wide Read-In, 9 a.m.  
-Schroeder 1st and 3rd Grade Field Trip to Shrek the Musical at THS  
-Costello Hearing Screening Retest  
-Baker Plastic Cup Fundraiser for School Trips
- 2nd** -Larson 7th/8th Grade Quiz Bowl, 2:45-3:45 p.m.  
-Larson Talent Show Auditions, 2:45-3:45 p.m.  
-IA East IB Curriculum Night for Sophomores, 7-9 p.m.  
-Hill Read Across America Day  
-Hill PAL Open House, 6:30-8 p.m.  
-Schroeder Fall 2016 Preschool Open House  
-Bemis Dr. Suess Day
- 3rd** -Smith STEM Field Trip to Meritor  
-Smith MSBOA Symphonic Band, 7:15-9:15 p.m.  
-IA IASA Show Rehearsal, 3-9 p.m.  
-Hill Wax Museum 4th Grade, 2:45-3:20 p.m.  
-Barnard Jammin Jays, 8:15 a.m.  
-Barnard Kaiser Fun Day Pictures  
-Morse Book and Blanket Night, 6-7:30 p.m.  
-Schroeder March is Reading Month Family Night  
-Boulan Park PlastiVan Presentation  
-Troy Union Skate World Party, 6:15-8:15 p.m.
- 4th** -Larson MSBOA Festival  
-Troy High Spring Musical  
-Wattles Kelly DiPucchio Author Visit, 1-2 p.m.  
-Wattles 3rd Grade Musical Performance, 6:30 p.m.  
-Wass Bagel Sale for \$1  
-Boulan Park PlastiVan Presentation  
-Costello PTO Adult Auction at Petruzello's, 6:30-11:30 p.m.  
-Costello 5th Grade Growing Up Program  
-Baker MSBOA Band/Orchestra Festival  
-Baker Pennies for Patients, 8:20 a.m.
- 5th** -Larson MSBOA Festival  
-Smith MSBOA 7th Grade Orchestra, 9-11 a.m.  
-Troy High Spring Musical  
-IA IASA Show, 7-9 p.m.  
-Wattles Market Day Pick-Up, 3 p.m.  
-Wattles Title I Bingo Night, 6-7 p.m.  
-Wattles 5th Grade Growing Up Parent Preview, 7 p.m.  
-Barnard Big Top Fair  
-Baker MSBOA Band/Orchestra Festival  
-Troy High Spring Musical
- 6th** -Larson 6th Grade Quiz Bowl, 2:45 p.m.
- 7th** -Larson Talent Show Practice, 2:45-3:45 p.m.
- 8th** -Troy High Parent Coffee, 9:30 a.m.  
-Martell 5th Grade Camp and Growing Up Meeting, 6 p.m.  
-Morse PTO Meeting, 7 p.m.
- Wass Early Bird Trot, 8-8:30 a.m.  
-Wass Tar Wars Program for 5th Grade, 9:30-11:30 a.m.  
-Leonard PTO Meeting, 7 p.m.  
-Troy Union PTO Meeting, 6:30 p.m.  
-Bemis Smokehouse Presentation, 9:55-11:40 a.m.  
-Baker Finger Crossed Performance, 1:30 p.m.  
-Athens Parent Coffee, 9:30 a.m.  
-Athens PTO Meeting, 7 p.m.
- 9th** -Larson BW3 Fundraiser  
-Larson Talent Show Practice, 2:45-3:45 p.m.  
-IA Principal's Dialogue Meeting, 7:45-8:45 p.m.  
-Martell Spring Conferences, 5-8 p.m.  
-Hill Red Cross Blood drive, 1:30-7:15 p.m.  
-Wattles Spring Smokehouse Visits  
-Barnard Parent Teacher Conferences, 5:30-8:30 p.m.  
-Morse Evening Conferences  
-Hamilton Parent Teacher Conferences, 5-8 p.m.  
-Wass Fruit Bar Sale at Lunch for \$1  
-Wass Conferences  
-Leonard Parent Teacher Conferences, 5:30-8:30 p.m.  
-Leonard Smoke House Grades 1,3,5, 9:30 a.m.  
-Boulan Park IM Wrestling at Smith, 3:10 p.m.  
-Boulan Park Girls Volleyball Home vs. Baker, 3:45 p.m.  
-Troy Union Conferences, 5-8 p.m.  
-Troy Union Sodexo Future Chef Competition, 4:30 p.m.  
-Costello Conferences, 5:30-8:30 p.m.
- 10th** -Larson Parent Teacher Conferences, 5:30-8:30 p.m.  
-Smith Parent Teacher Conferences, 5:30-8:30 p.m.  
-Troy High Parent Teacher Conferences, 5:30-8:30 p.m.  
-Martell Spring Conferences, 5-8 p.m.  
-Barnard Jammin Jays, 8:15 a.m.  
-Barnard Parent Teacher Conferences, 5:30-8:30 p.m.  
-Morse Evening Conferences  
-Hamilton Parent Teacher Conferences, 5-8 p.m.  
-Wass Conferences  
-Leonard Parent Teacher Conferences, 5:30-8:30 p.m.  
-Boulan Park Conferences, 5:30-8:30 p.m.  
-Troy Union Conferences, 5-8 p.m.  
-Bemis Principal of the Day  
-Costello Conferences, 5:30-8:30 p.m.  
-Baker Conferences, 5:30-8:30 p.m.  
-Athens Spring Conferences, 5:30-8:30 p.m.
- 11th** -Larson PTO Meeting, 1-2:30 p.m.  
-Smith Girls Volleyball Pictures, 3-4 p.m.  
-IA Spring Tea House, 6-8 p.m.  
-Wattles PTO Skate Party at Skate World, 6:15-8:15 p.m.  
-Barnard Hearing Screening for K, 2nd, and 4th Grades  
-Morse PTO Bowling Fundraiser at Troy Lanes, 6 p.m.  
-Wass Bagel Sale for \$1  
-Bemis School Wide Read-In
- 12th** -Hill Mom to Mom Sale, 8 a.m.-1 p.m.  
-Wattles Evening Conferences, 5-8 p.m.  
-Boulan Park 4N6 Competition at Novi MS, 7:15 a.m.-5 p.m.  
-Boulan Park State Mathcounts
- Athens Oliver!, 8:01 p.m.
- 13th** -Athens Oliver!, 2 and 7 p.m.
- 14th** -Troy High Booster Meeting, 7 p.m.  
-Barnard PTO Meeting, 7 p.m.  
-Leonard StuCo Meeting, 4:10-4:40 p.m.  
-Boulan Park PiDay  
-Troy High Law Class FT to MSU, 8 a.m.-2 p.m.  
-IA PTIA Meeting, 7-9 p.m.  
-Barnard Mrs. Todorovich Conferences  
-Wass Early Bird Trot, 8-8:30 a.m.  
-Wass Kindergarten Goes on a Maple Syrup Tour, 9:15-11:30 a.m.  
-Leonard 3rd Grade Informace, 7 p.m.  
-Boulan Park Fingers Crossed 8th Grade Assembly, 8-11 a.m.  
-Costello Kindergarten Round Up, 6-7 p.m.
- 16th** -Larson 7th/8th Grade Quiz Bowl, 2:45-3:45 p.m.  
-Larson Talent Show Practice, 2:45-3:45 p.m.  
-IA Coffee with the Counselor Meeting, 7:45-8:45 a.m.  
-IA Music Booster Parent Meeting, 7-8 p.m.  
-Martell Kindergarten Conferences  
-Hill Troy Community Coalition Got Caught 5th Grade  
-Barnard Miss Bakka and Miss Gerbe Conferences  
-Hamilton PTA Meeting, 9:30-10:30 a.m.  
-Schroeder Skate Night  
-Troy Union Kindergarten Conferences, 9 a.m.-3:30 p.m.  
-Troy Union 3rd Grade Vocal Music Concert, 7 p.m.
- 17th** -Larson Talent Show Practice, 2:45-3:45 p.m.  
-Smith Spring Choir Concert, 7-8 p.m.  
-Barnard Jammin Jays, 8:15 a.m.  
-Wass Kindergarten Information Night, 7-8 p.m.  
-Baker 7th Grade to DIA, 10 a.m.  
-Baker Volleyball Tournament, 7-8:15 p.m.
- 18th** -Wass Bagel Sale for \$1  
-Wass 4th Grade Coding Club, 12:10-12:50 p.m.  
-Leonard Popcorn Sale at Lunch  
-Bemis PTO Donuts with Dudes, 7:30-8:30 a.m.  
-Baker 7th Grade to DIA  
-Athens Oliver!, 8:01 p.m.
- 19th** -Wattles 4th Grade Disability Workshop, 12-2:15 p.m.  
-Wattles PTO Executive Meeting, 6-6:45 p.m.  
-Wattles PTO Meeting, 6:45-8 p.m.  
-Barnard PTO Silent Auction at CJ Mahoneys  
-Costello Fair, 10 a.m.-2 p.m.  
-Athens Oliver!, 8:01 p.m.
- 20th** -Wattles 4th Grade Disability Workshop, 12-2:15 p.m.
- 21st** -Larson 6th Grade Quiz Bowl, 2:45 p.m.  
-Larson Talent Show Practice, 2:45-3:45 p.m.  
-Troy High ANP Meeting, 7 p.m.  
-Barnard Growing Up 5th Grade Parent Program, 6 p.m.  
-Leonard 1st Grade Informace  
-Baker PTO Meeting, 7 p.m.  
-Athens Oliver! Student Matinee  
-Athens Spring Sports Meeting, 6 p.m.
- 22nd** -Larson Strong Day "Acceptance"  
-Larson Talent Show Dress Rehearsal, 2:45-4:30 p.m.
- Smith 6th Grade Band and Orchestra Showcase, 6-7 p.m.  
-Troy High Jr. Peer Med. Training  
-Martell Spring Portraits  
-Hill Kindergarten Round Up, 6:30-8 p.m.  
-Wass Early Bird Trot, 8-8:30 a.m.  
-Wass Got Caught Program for 5th Grade, 9:30-11:30 a.m.  
-Wass 3rd Grade Vocal Music Concert, 7-8 p.m.  
-Leonard Kindergarten Parent Info Night, 6:30-7:30 p.m.  
-Troy Union Kindergarten Round Up, 6:30-8 p.m.
- 23rd** -Troy High Mr. Troy Rehearsal Audition, 7-9 p.m.  
-Martell Parent Only Kindergarten Information Night  
-Barnard 3rd Grade to Morley Candy  
-Morse Kindergarten Round Up, 6 p.m.  
-Hamilton Fun Day Pictures  
-Wass Fruit Bar Sale at Lunch for \$1  
-Leonard Tar Wars for 5th Grade, 9:30 and 10:30 a.m.  
-Boulan Park Girls Volleyball at Smith, 5 p.m.  
-Troy Union 1st Grade Vocal Music Concert, 7 p.m.  
-Athens Spring Blood Drive
- 24th** -Larson Talent Show, 6:30-8 p.m.  
-Larson Girls Volleyball Pizza Party, 2:45-3:30 p.m.  
-Troy High Mr. Troy Pageant Audition, 7 p.m.  
-IA Boy's Powderpuff Volleyball Game, 3:30-5:30 p.m.  
-Barnard Jammin Jays, 8:15 a.m.  
-Barnard 5th Grade Visits Baker Middle School  
-Barnard Kindergarten Round Up, 6 p.m.  
-Wass Wolf Pack Meeting, 8:55-9:25 a.m.  
-Wass 4th Grade Coding Club, 12:10-12:50 p.m.  
-Leonard 3rd Grade to Nature Center, 9:30-11:30 a.m.
- 26th** -Wattles Kindergarten Round Up, 6:30-8 p.m.
- 28th** -Larson 6th Grade Quiz Bowl, 2:45 p.m.  
-Smith International Festival of Cultures, 5-9 p.m.  
-Troy High Graduation Meeting, 2:15 p.m.  
-Hill Husky Teams Responsibility  
-Bemis 5th Grade Camp
- 29th** -Larson Talent Show Pizza Party, 2:45-3:30 p.m.  
-Troy High National Spanish Exams  
-Barnard Smoke House Visits for 1st, 3rd, 5th Grades  
-Wass Early Bird Trot, 8-8:30 a.m.  
-Wass PTO Meeting, 7-8 p.m.  
-Leonard Fun Day Pictures  
-Boulan Park Newcomb Tournament, 2:35-4 p.m.  
-Baker Combined Concert
- 30th** -Larson 7th/8th Grade Quiz Bowl, 2:45-3:45 p.m.  
-Wass Growing Up Program for 5th Grade  
-Boulan Park Newcomb Tournament, 2:35-4 p.m.  
-Costello 3rd Grade Vocal Music Performance, 6 p.m.  
-Athens Robotics
- 31st** -Wattles COSI Assembly  
-Barnard Jammin Jays, 8:15 a.m.  
-Barnard 5th Grade Growing Up Program  
-Wass Growing Up Program for 5th Grade  
-Schroeder Spirit Day

*Please note, all events, dates, and times are subject to change.*

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# 5 things to know about stomach pain in children

by Kelly Levasseur, D.O., Pediatric Emergency Medicine, Beaumont Children's Hospital

Whether you call it an upset stomach, or a bellyache, gastrointestinal problems in children are never any fun. We see children dealing with stomach pain almost every day in the specialized Beaumont pediatric emergency units in Royal Oak and Troy.

Here are a few stomach pain facts:

- Not every stomach pain is appendicitis. Many parents are concerned about appendicitis. The hallmark of appendicitis is pain on the right lower side of the stomach that intensifies with movement or touch. Other conditions can produce similar symptoms. Cases presumed to be appendicitis can often be a less serious condition or simply constipation. Certain ovarian issues and scrotal pain can also cause appendicitis-like symptoms. It's difficult to tell without a physical examination, so a "better safe than sorry" approach is often best.
- Symptoms that aren't there, matter too. Sometimes the most important symptom is the one they don't have. For example, a child experiencing stomach pain, vomiting, diarrhea and a fever may have gastroenteritis, a fairly common condition. It's not considered serious unless there are signs of dehydration or the symptoms last longer than seven days. Take diarrhea out of the

equation, with severe abdominal pain and vomiting, and it may be something more troubling, like a bowel obstruction. In that case, the child should be seen by their physician.

- Staying hydrated is crucial to recovery. Children with stomach aches must continue drinking. Ensuring they are getting enough fluids will help prevent dehydration.
- Avoid sugary drinks as a treatment for diarrhea. The best option for diarrhea is a rehydrating beverage like Pedialyte.
- If they want to eat, let them. You can't starve away stomach pain. Even if your child has vomiting, they should be allowed to eat. We do recommend avoiding greasy foods.

Think ahead

Think about which ER you prefer. Is it a dedicated pediatric ER with technology, specialists and programs just for kids? Is it important to you that if your child needs to be admitted, he or she stay close to home at the hospital connected to the ER? Considering these questions in advance will help you remain calm and make the best decision.

Trust your instincts

Planning ahead and educating yourself will help you make good decisions when it comes to childhood emergencies. But, don't underestimate the value of trusting your instincts either. If you feel your child needs to get to the ER, there's a good chance you're right. You know your child best.



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## TROY SCHOOL DISTRICT ELEMENTARY LUNCH MENU

March 1-4

**TUES** Turkey Hot Dog or Cheesy Breadsticks and Pizza Dipping Sauce or Chicken Salad and Breadstick; Fruit & Veggie Offerings: Baked Beans, Mandarin Oranges, Celery Sticks, Frozen Fruit Sorbet or A is for Apricot or B is for Broccoli

**WED** Cheese or Pepperoni Pizza or Soybuter and Jelly Sandwich or Chicken Caesar Salad and Breadstick; Fruit & Veggie Offerings: Mixed Greens, Baby Carrots, Grapes, Banana or C is for Cucumber

**THURS** Cheese Quesadilla with Toppings or Cheesy Breadsticks and Pizza Dipping Sauce or Peppi Pizza Salad and Breadstick; Fruit & Veggie Offerings: Fiesta Corn, Broccoli, Diced Peaches or D is for Dates

**FRI** Pancakes and Syrup with Turkey Sausage or Yogurt or Grilled Cheese Sandwich or Classic Chef Salad and Breadstick; Fruit & Veggie Offerings: Celery Sticks, Diced Pears, Fresh Apple or E is for Edamame

March 7-11

**MON** Popcorn Chicken and Dinner Roll or Grilled Cheese Sandwich or Classic Chef Salad and Breadstick; Fruit & Veggie Offerings: Sweet Potato Fries, Baby Carrots, Orange Smiles,, Apple or F is for Fennel

**TUES** Creamy Macaroni and Cheese or Cheesy Breadsticks and Pizza Dipping Sauce or Garden Tossed Salad and Breadstick; Fruit & Veggie Offerings: Steamed Broccoli, Baby Carrots, Pineapple Tidbits, Apple Slices or G is for Grapes

**WED** Cheese or Pepperoni Pizza or Soybuter and Jelly Sandwich or Poppin Chicken Salad and Breadstick; Fruit & Veggie Offerings: Mixed Greens, Baby Carrots, Celery Sticks, Banana or H is for Honeydew

**THURS** Chicken Patty Sandwich or Cheesy Breadsticks and Pizza Dipping Sauce or Cobb Salad and Breadstick; Fruit & Veggie Offerings: Chick Pea Salad, Celery Sticks, Fresh Apple, Orange Smiles or I is for Iceberg Lettuce

**FRI** French Toast Sticks and Syrup with Yogurt or Grilled Cheese Sandwich or Chicken Caesar Salad and Breadstick; Fruit & Veggie Offerings: Hash Browns, Baby Carrots, Applesauce, Peaches or J is for Jicama

March 14-18

**MON** Chicken Rings and Dinner Roll or Grilled Cheese Sandwich or Peppi Pizza Salad and Breadstick; Fruit & Veggie Offerings: Corn Niblets, Baby Carrots, Fresh Apple, Pineapple Tidbits or K is for Kiwi

**TUES** Hamburger or Cheeseburger or Veggie Burger or Cheesy Breadsticks and Pizza Dipping Sauce or Classic Chef Salad and Breadstick; Fruit & Veggie Offerings: Mixed Greens, Diced Pears,

**WED**

Apple Slices or L is for Lima Bean Cheese or Pepperoni Pizza or Soybuter and Jelly Sandwich or Chicken Caesar Salad with Breadstick; Fruit & Veggie Offerings: Mixed Greens, Baby Carrots, Banana, Peaches or M is for Mandarin Orange

**THURS**

Lucky Beefy or Beany Nachos with a Cheesy Pot-O-Gold for Dipping or Leprechaun's Cheesy Breadsticks and Pizza Dipping Sauce or Garden Greens Tossed Salad and Breadstick; Fruit & Veggie Offerings: Refried Beans, Celery Sticks, Oranges, Grapes or N is for Navy Bean

**FRI**

Pancakes and Syrup with Yogurt or Grilled Cheese Sandwich or Cobb Salad and Breadstick; Fruit & Veggie Offerings: Hash Browns, Baby Carrots, Apple Slices, Orange Smiles or O is for Olives

March 21-24

**MON** Chicken Tenders with Dinner Roll or Grilled Cheese Sandwich or Garden Tossed Salad and Breadstick; Fruit & Veggie Offerings: Potato Smiles, Cucumber Slices, Orange Smiles, Apple or P is for Pineapple

**TUES**

Cheesy Lasagna with Dinner Roll or Cheesy Breadsticks and Pizza Dipping Sauce or Chef Salad with Breadstick; Fruit & Veggie Offerings: Steamed Broccoli, Mixed Greens, Diced Peaches, Frozen Fruit Sorbet or Q is for Queen Anne Cherrie

**WED**

Cheese or Pepperoni Pizza or Soybuter and Jelly Sandwich or Chicken Caesar Salad with Breadstick; Fruit & Veggie Offerings: Mixed Greens, Baby Carrots, Celery Sticks, Apple Slices, Pineapple Tidbits or R is for Raisins

**THURS**

Beef or Bean Taco with Toppings or Cheesy Breadsticks and Pizza Dipping Sauce or Poppin Chicken Salad and Breadstick; Fruit & Veggie Offerings: Refried Beans, Celery Sticks, Orange Smiles, Banana or S is for Strawberries or T is for Tomatoes

March 28-30

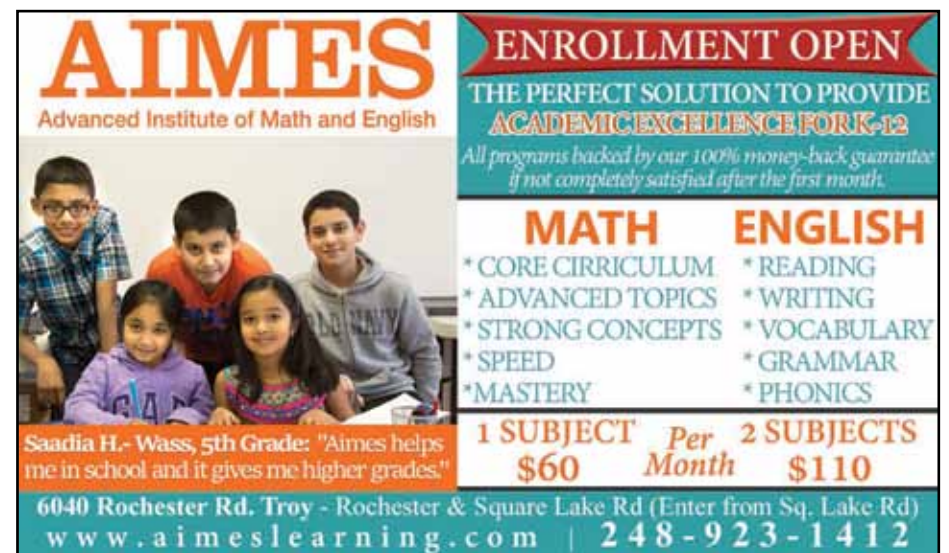
**MON** Chicken Patty Sandwich or Grilled Cheese Sandwich or Classic Chef Salad with Breadstick; Fruit & Veggie Offerings: Potato Smiles, Celery Sticks, Orange Smiles, Fresh Apple or U is for Ugli Fruit

**TUES**

Soft Pretzel with Cheese Sauce and Yogurt or Cheesy Breadsticks and Pizza Dipping Sauce or Garden Tossed Salad with Breadstick; Fruit & Veggie Offerings: Green Beans, Baby Carrots, Grapes, V is for Valencia Orange or W is for Watermelon

**WED**

Cheese or Pepperoni Pizza or Soybuter and Jelly Sandwich or Poppin Chicken Salad with Breadstick; Fruit & Veggie Offerings: Mixed Greens, Apple Slices, X is for Xtra Fancy Star Fruit, Y is for Yellow Squash or Z is for Zucchini



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“Charity Week” continued from page 1

“I don’t even know what to say,” said surprised senior and student council president Hope Ma through tears. “I was hoping just to break the goal. I did not believe it was 80.”

“Thank you to the Athens student body community,” said equally stunned senior Maya Jurayj. “We would not have done this without you.”

And that’s the thing. The students ARE compassionate and giving. They can plan, they can delegate, and they can fundraise. They CAN go from “selfies” to “youfies” in a flash.

“Our children are beautiful,” said Principal Dr. Laura Dixon. “It’s just that simple. They really show us that. We prioritize

kids being kind, humanitarians more than anything else. We want them to be intelligent, capable, driven people who are successful later in life. But I think the cornerstone is that you’re a good person, and that you’re a good person for other people.”

“I think the juniors are thinking, Oh my God, we have to beat \$84,000 next year,” said teacher and Charity Week co-organizer Kristy Pierce.

Something tells us that could happen. So, we should savor stuff like what happened at Athens from February 8-12. There was TV interviews, newspaper articles, social media, hype, and a whole lot of heart.

“My dreams of changing the world have come true,” said Ellory Thill in a full blown smile.

“I can’t wait to see the impact we have on (Haiti),” said Mishreky. “God Bless Haiti.”

The feelings are mutual.

“I just can’t say thank you enough,” said Palmer. “It’s really amazing.”

Live it up Athens.

See Charity Week in pictures: [www.schoollifetroy.com](http://www.schoollifetroy.com).

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